### Realityworks® Curriculum Overview

<table>
<thead>
<tr>
<th>Curriculum Title</th>
<th>Pregnancy Profile</th>
<th>Drug Affected, and Fetal Alcohol Syndrome Baby</th>
<th>RealCare Baby</th>
<th>Shaken Baby</th>
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</thead>
<tbody>
<tr>
<td>Experiential Learning Tool</td>
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<td>Focus</td>
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<tr>
<td>Pages</td>
<td>149</td>
<td>133</td>
<td>113</td>
<td>477</td>
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<td>Lessons</td>
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<td>14</td>
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<td>Hours of Teaching Time</td>
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<td>1</td>
<td>1</td>
<td>13</td>
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<td>PowerPoint Slides</td>
<td>56</td>
<td>28</td>
<td>30</td>
<td>120</td>
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</tbody>
</table>

#### Lesson Topics

- **Physical Changes**: Impact on Unborn Child, FAS and FASD, Care and Needs of an Infant, Definition, Impact on Life Goals, Signs & Symptoms, Brain Areas Affected
- **Prematurity**: Role of the Caregiver, Plans and Values, Care and Needs of an Infant, Power of the Baby, Developmental Milestones, Language Development, Social Development
- **Prenatal Drug Exposure**: Understanding Prenatal Drug Exposure, Preventing in Utero Abuse, Prenatal Drug Exposure
- **Prenatal Alcohol Exposure**: Understanding Prenatal Alcohol Exposure, Preventing in Utero Abuse, Fetal Alcohol Syndrome
- **Shaken Baby Syndrome**: Understanding Shaken Baby Syndrome, Prevention & Coping Skills, Preventing Abuse

#### Lesson Topics

- **Impact on Lifespan**: Short Term Impact, Alcohol and Pregnancy, Infant & Toddler Development, Safety, Health and Care, Brain Development, Signs & Symptoms, Brain Areas Affected, Infants
- **Infant Development**: Cost, Cost, Handling Stress, Preventing SBS, Communication in Relationships, Nurturing, Physical Results of SBS, Myths and Facts of Pregnancy, Hearing the Cry and Seeing Withdrawal Effects on an Infant, Review of Physical Signs of SBS, Parenting Practice and Customs Around the World

#### Medical Aspects

- **Father's Role & Cost of a Baby**: Feeling What it is Like to Be Pregnant - 3rd Trimester, Breathing & Dispersing, Reproductive System, Fertilization & Conception, Recreational and Play, Child Care and Daycare, Education and Literacy Development, Plan to Manage Frustration
- **Reproductive System, Fertilization & Conception**: Reproductive System, Fertilization & Conception, Recreational and Play, Child Care and Daycare, Education and Literacy Development, Plan to Manage Frustration
- **Infant & Child CPR**: Safety, First Aid & Infant Health, Perinatal Exposure to Drugs or Alcohol, The Birth Process, Care and Needs of an Infant, Impact of Baby on Goals, Relationships and Time, Cost of a Baby, Hands-On Practice Caring for an Infant

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**The Total Parenting Experience™**

Real-life experiences that address pregnancy, substance abuse education, child care skills, and Shaken Baby Syndrome

> “The simulators have been a huge boost to our program, possibly the highlight to the classes. We have grown tremendously over the last eight years and now have a waiting list for our classes.”

Jennifer Hulette
Jessamine Career and Technology Center

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The Total Parenting Experience™

Inspire participants to interact with four major hands-on parenting experiences!
The Total Parenting Experience™ has everything you need – powerful, hands-on activities, complete curriculum, and supplies – to cover crucial aspects of infant care. These are real-life experiences that address pregnancy, substance abuse education, child care skills, and Shaken Baby Syndrome.

Total Parenting Experience™ Package

Impact on Goals and the Physical Change
Lets users experience physical symptoms of the final trimester of pregnancy for themselves. Curriculum discusses the physical impact and how teen pregnancy compromises individual goals.

Alcohol and Drugs’ Effects on Infants
Powerful demonstrators teach the effects drug and alcohol use has on infants in utero.

The Reality of Infant Care
An evidence-based comprehensive teen pregnancy prevention and parenting skills system reinforced with infant care simulation. Three complete curricula are included to support whatever topic you are focusing on.

Eliminating Shaken Baby Syndrome and Child Abuse
Teaches coping skills and the impact of rough handling on infants. Participants create a plan to deal with the frustration of a crying infant, and sign a pledge to never shake a baby.

Life Goals & Physical Change of Pregnancy Curriculum
149 pages of ready-to-use program materials
10 lessons
22 hours of instruction time
56 PowerPoint slides

Prenatal Drug Exposure Prevention Curriculum
137 pages of ready-to-use program materials
1 lesson
1 hour of instruction time
28 PowerPoint slides

Prenatal Alcohol Exposure Prevention Curriculum
137 pages of ready-to-use program materials
1 lesson
1 hour of instruction time
28 PowerPoint slides

Child Care Careers Curriculum
477 pages of ready-to-use program materials
15 lessons
13 hours of instruction time
120 PowerPoint slides

Pregnancy Prevention Curriculum
259 pages of ready-to-use program materials
17 lessons
14 hours of instruction time
125 PowerPoint slides

Parenting/Child Development Curriculum
107 pages of ready-to-use program materials
12 lessons
9 hours of instruction time
21 PowerPoint slides

Shaken Baby Syndrome Prevention Curriculum
131 pages of ready-to-use program materials
1 lesson
1 hour of instruction time
25 PowerPoint slides

We can help them with the areas they need help with, such as getting the baby to stop crying and feeding. We use our direct observations and the wonderful data from the computer to see what we should concentrate on with our teaching … properly holding the baby, head support, for example.

Teresa Kelly, Children’s Home + Aid
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